**Feminine rage**

The angry woman trope in media

A woman’s anger is funny

Studies show that the anger response is triggered in men and women at the same rate but women are taught to hold their emotions in, started very early in life while boys are being rewarded for being “bold leaders” in the same situation girls are chastised for being rude or aggressive.

-study 3 common roots anger women; powerlessness, injustice, irresponsibility of other people

-in pop culture angry women portrayed as unjustified amount of anger

Examp; comedies angry women are often ridiculed

-in angry young men trope, anger is usually based on deeply held principles

-angry man is positioned as mirror of greater problem in society, angry woman is perceived as unique aberration the creation of her own poisoned mind

-sitcomes often overlap angry woman and activist character, whose caricatured anger is used to discredit her causes and undermine women’s entitlement to having a voice

-also subtypes that feed racial stereotypes; eroticised spicy Latina and angry black woman

A woman’s anger is scary

-when an angry woman is actually taken seriously=terrifying

-angry woman’s roots in femme fatale, seek revenge on men and vent frustration that their gender doesn’t allow them more agency in life

-angry femme fatale in a lot of erotic thrillers that vilify a woman who doesn’t take in stride when man cheats on her and then expects her to quickly forget about it

-women’s angry is so frightening that it’s engine of supernatural horror genre

Examp; Nancy craft, powers entirely from anger used to get revenge on toxic men

Emamp; Bly Mannor

-female revenge genre often recognize women have been wronged and identify with her valid reasons for being pissed off

Could be that part of us feels a vicarious thrill or catharsis from witnessing her revenge

-angry women stories often put viewer in moral quandary

A woman’s anger is a tool

-anger is emotional response designed for motivation

-adaptive vs maladaptive, anger can be either

-angry women on screen mostly used to show maladaptive, her anger either huge overreaction or toxic

-unleashing angry power

-angry women can be empowerment

-owning angry stories. Constructive rage

The angry woman is a rejection of the societal expectations of feminine behaviour, she’s an expression of women’s collective cry for a revolution, a protest against powerlessness a call for change